

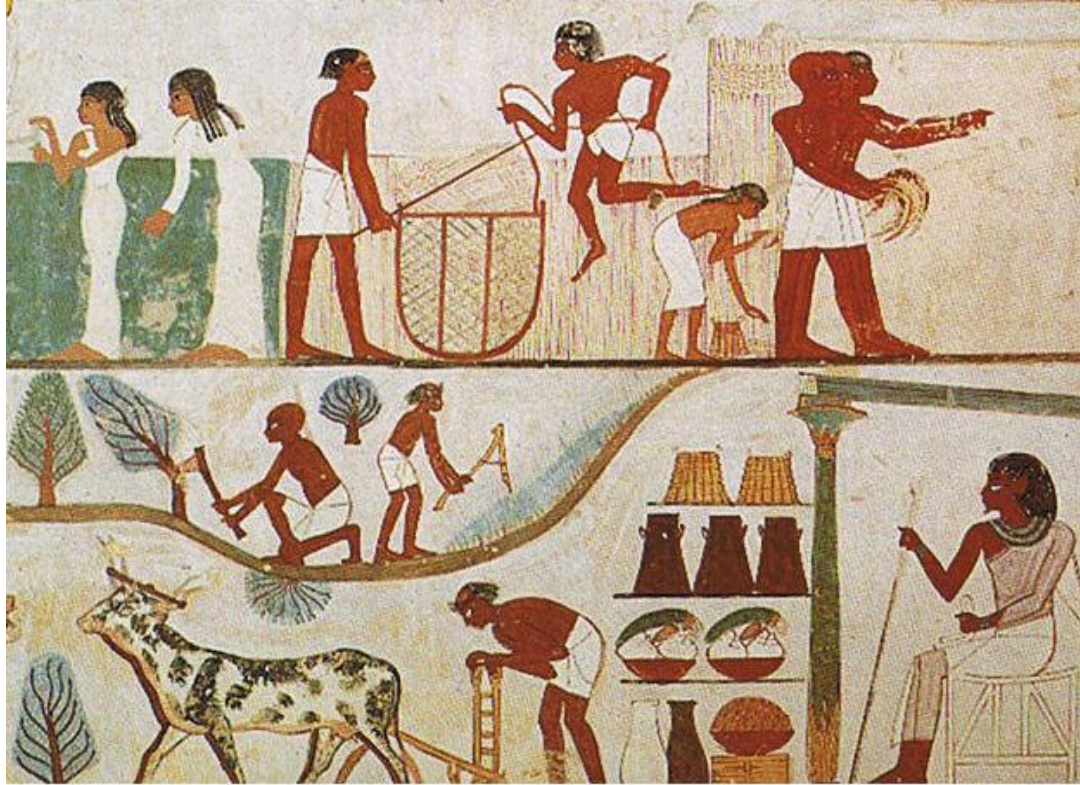
# Space agriculture: from the stars to the plate

Marta Del Bianco

[www.asi.it](http://www.asi.it)

08.05.2023

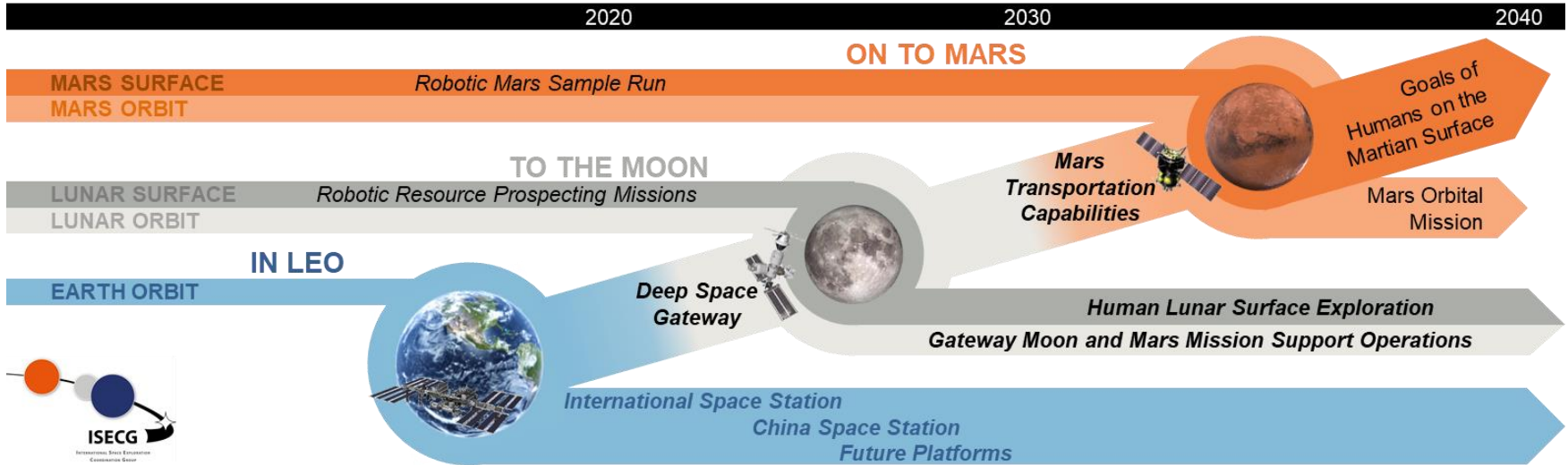
# Agriculture: the start of modern society



# Agriculture: a requirement for human space exploration



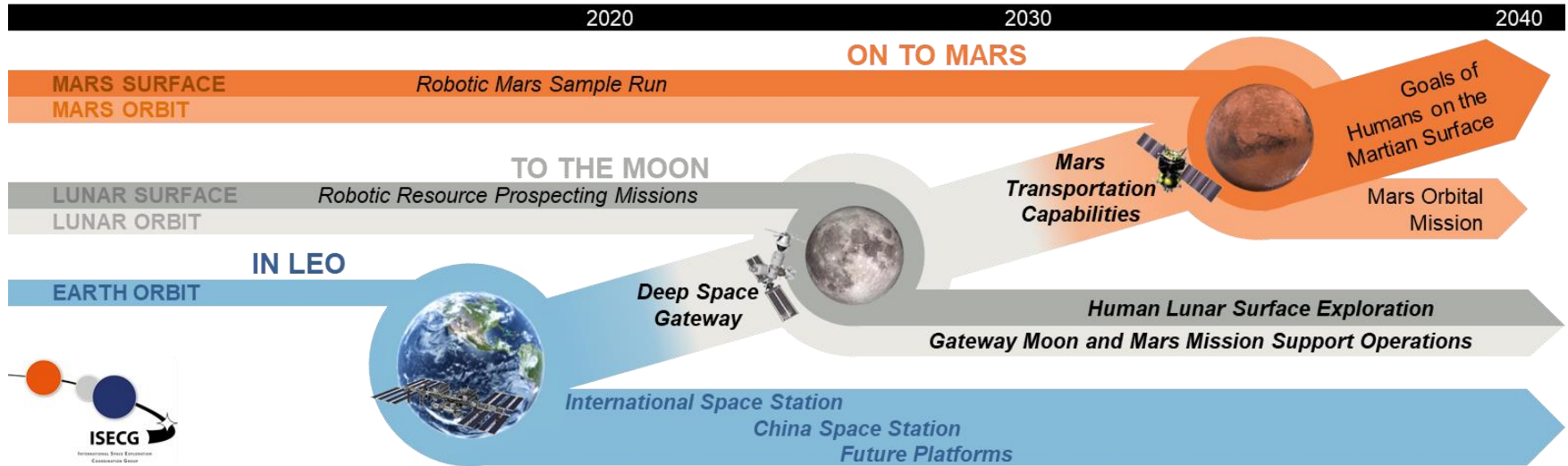
# Global Exploration Roadmap



GER, ISECG = doi:10.1111/j.1750-3841.2010.01982.x



# Global Exploration Roadmap



**Three Year Mission to Mars: 2700 Kg of food and 2400 L of water per person**  
 (sending 1 L of water to the ISS costs 25-50K€)

GER, ISECG = doi:10.1111/j.1750-3841.2010.01982.x

# The Phases of Food Production in Space

STAGE 1: food supply is  
reliant on Earth



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reliant on Earth

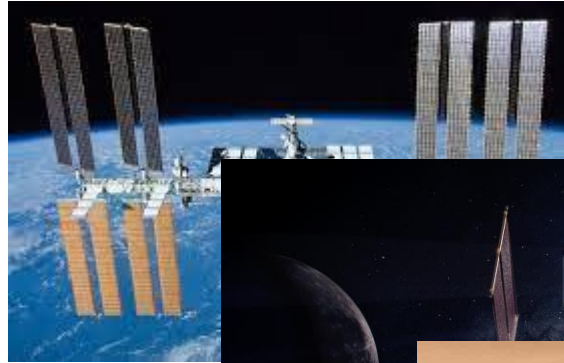


STAGE 2: fresh food as  
complement to the diet



# The Phases of Food Production in Space

STAGE 1: food supply is  
reliant on Earth



STAGE 2: fresh food as  
complement to the diet



STAGE 3: self-sufficient  
food production



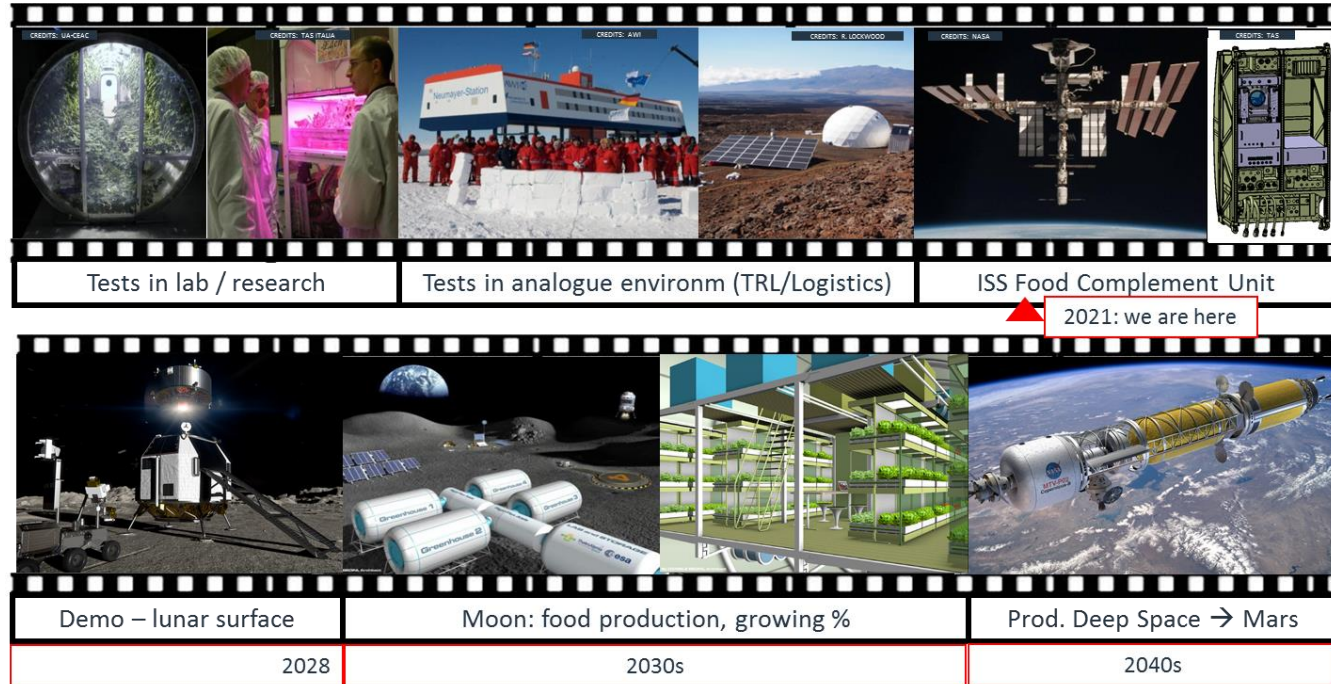


# The Phases of Food Production in Space

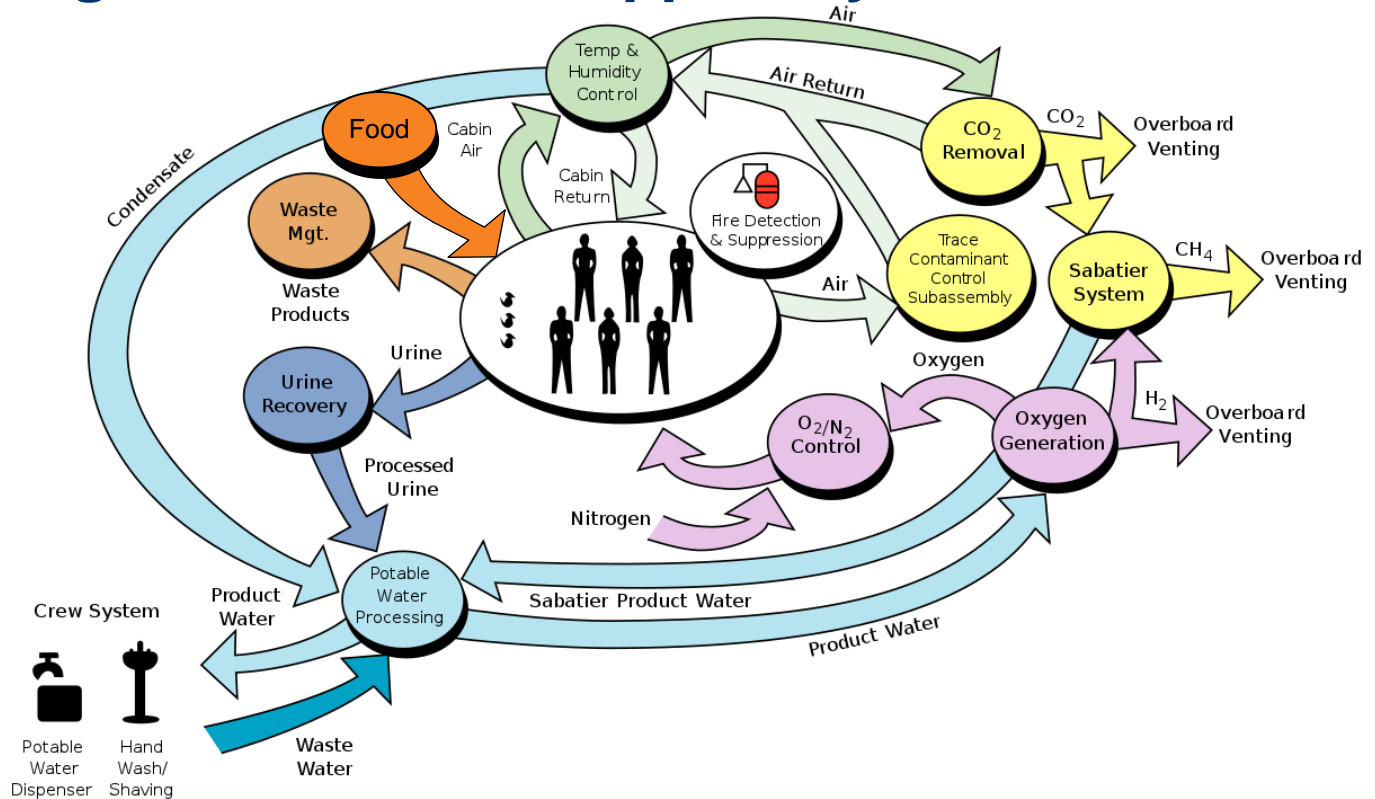
STAGE 1: food supply is reliant on Earth

STAGE 2: fresh food as complement to the diet

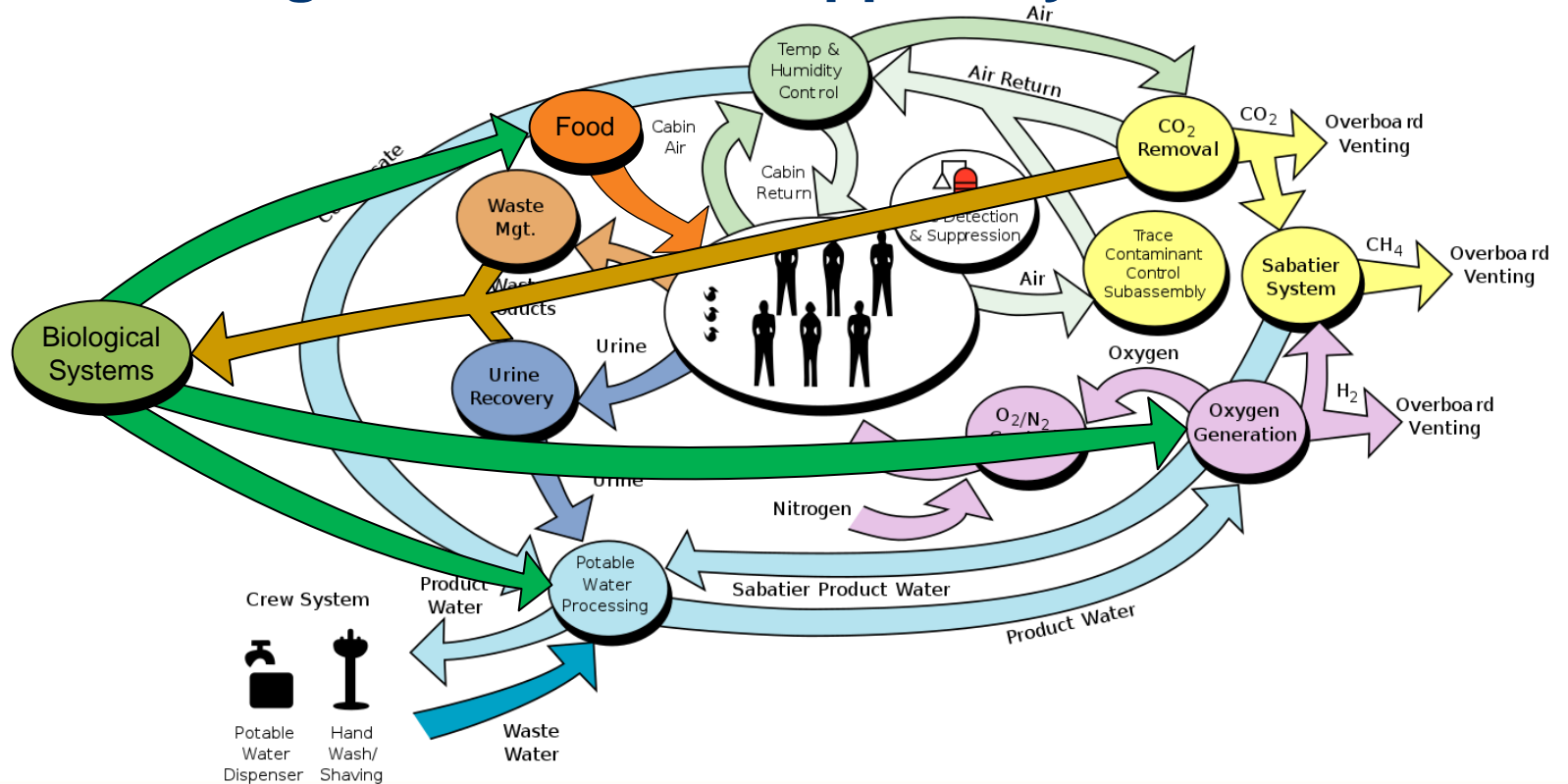
STAGE 3: self-sufficient food production



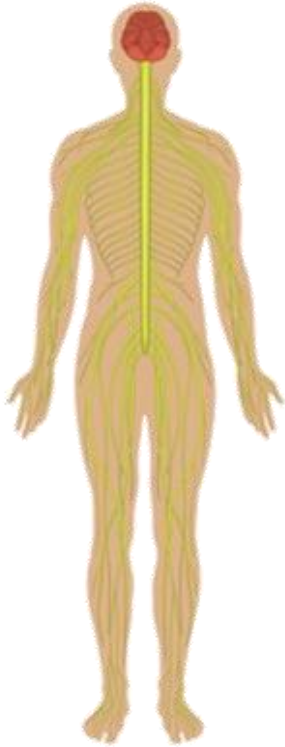
# BLSS – Bioregenerative Life Support Systems



# BLSS – Bioregenerative Life Support Systems



# The Challenges of Life in Space – A Food Perspective



## Physiological Effects

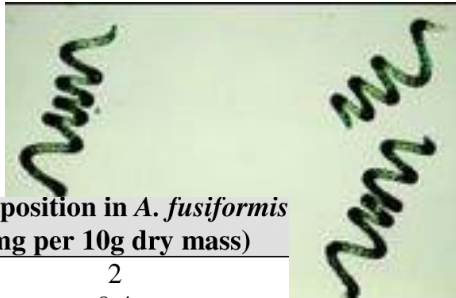
- Immune System Decreased Activity
- Higher Cancer Risk
- Muscle Loss
- Bone Loss
- Microbiome alteration -> Digestive + adsorption problems
- Fluid shift -> Loss of appetite

## Psychology and Well Being

- Mood and performance -> Loss of appetite

# Organisms in Bioregenerative Systems

- Microalgae and Cyanobacteria: proteins, polyunsaturated fatty acids, photoprotective and antioxidant pigments, essential minerals, and vitamins; air regeneration, water purification.



Nutrient	Composition in <i>A. fusiformis</i> (mg per 10g dry mass)
Vitamin C	2
Vitamin E	0.4
Thiamin	0.37
Riboflavin	0.46
Vitamin B6	0.07
Vitamin B12	0.02
Calcium	150
Iron	18
Zinc	N/A



Spirulina



# Organisms in Bioregenerativ

- Microalgae and Cyanobacteria
- Fungi: proteins and prebiotics, waste recycling



*Aspergillus niger*

Fungus	Industrially relevant products	Application	References
<i>Acremonium chrysogenum</i>	Cephalosporin C	Pharmaceutical	Hu and Zhu (2016)
<i>Agaricus bisporus</i>	Edible mushroom	Food	Sonnenberg et al. (2017)
<i>Ashbya gossypii</i>	Riboflavin	Flavour	Aguiar et al. (2017)
<i>Aspergillus niger</i>	$\beta$ -Galactosidase, glucoamylases, cellulases, lipases, pectinases, proteases	Food industry, laundry detergents, paper industry	Cairns et al. (2018)
	Citric acid	Preservative, acidulant, flavour enhancer, antioxidant, food, beverage, pharmaceutical, cosmetics	Show et al. (2015)
	Succinic acid	Surfactant, food, pharmaceutical	Li and Punt (2013)
	Gluconic acid	Food and pharmaceutical	Li and Punt (2013) and Hossain et al. (2016)
	Itaconic acid	Synthetic fibres and resins, plastics, rubbers, surfactants, oil additives	Hossain et al. (2016)
	Galactaric acid	Textile	Kuivanen et al. (2016)
	Enniatin, beauvericin, bassianolide	Pharmaceutical	Richter et al. (2014) and Boecker et al. (2018)
<i>Aspergillus oryzae</i>	Vegan mycoprotein, soy sauce, vinegar	Food	Ritala et al. (2017)
	Glucoamylases, lipases, phytases, proteases, xylanases	Food industry laundry detergents, feed	Fujita et al. (2003) and Machida et al. (2008)
<i>Aspergillus terreus</i>	Itaconic acid	Synthetic fibres and resins, plastics, rubbers, surfactants, oil additives	Okabe et al. (2009)
<i>Fusarium venenatum</i>	Vegan mycoprotein	Food	Ritala et al. (2017)
<i>Ganoderma lucidum</i>	Packaging material, construction material, leather cellulases, laccases, herbal medicine		Yu et al. (2012)

# Organisms in Bioregenerative Systems

- Microalgae and Cyanobacteria
- Fungi
- Insects: protein rich in essential aminoacids, unsaturated fats, dietary fibres, vitamins (vitamin B12, riboflavin and vitamin A), and essential minerals; waste recycling



*Hermetia illucens*



# Organisms in Bioregenerative Systems

- Microalgae and Cyanobacteria
- Fungi
- Insects
- Higher Plants: nutraceutical compounds (antioxidants, vitamins, micronutrient), caloric intake, fibres; regeneration of air and water, bioremediation.



Microgreen



Leafy greens



Fruits



Starch rich crops

# Biological Systems for Space food production

- Microalgae and Cyanobacteria
- Fungi
- Insects
- Higher plants: - Small plants with short life cycles and high yield-to-mass ratio  
- Developmental stage



Sprout



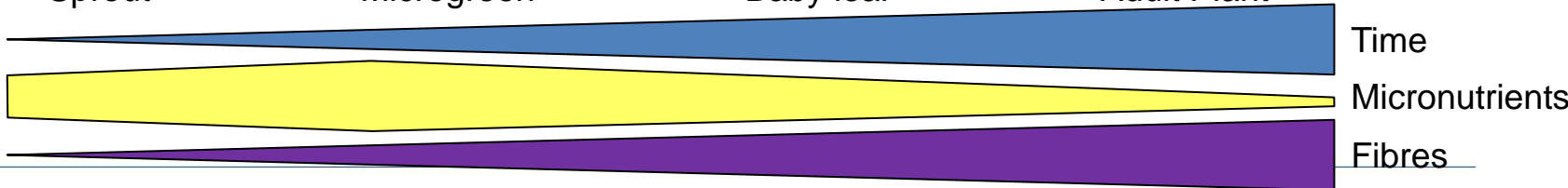
Microgreen



Baby leaf



Adult Plant





# Biological Systems for Space food production

- Microalgae and Cyanobacteria
- Fungi
- Insects
- Higher plants:
  - Small plants with short life cycles and high yield-to-mass ratio
  - Developmental stage
  - Development of new varieties (genetic engineering, breeding)
    - Miniaturization
    - Increased nutrient level
    - Resistant to radiation
    - Resistant to microgravity
    - Increased yield in close environments



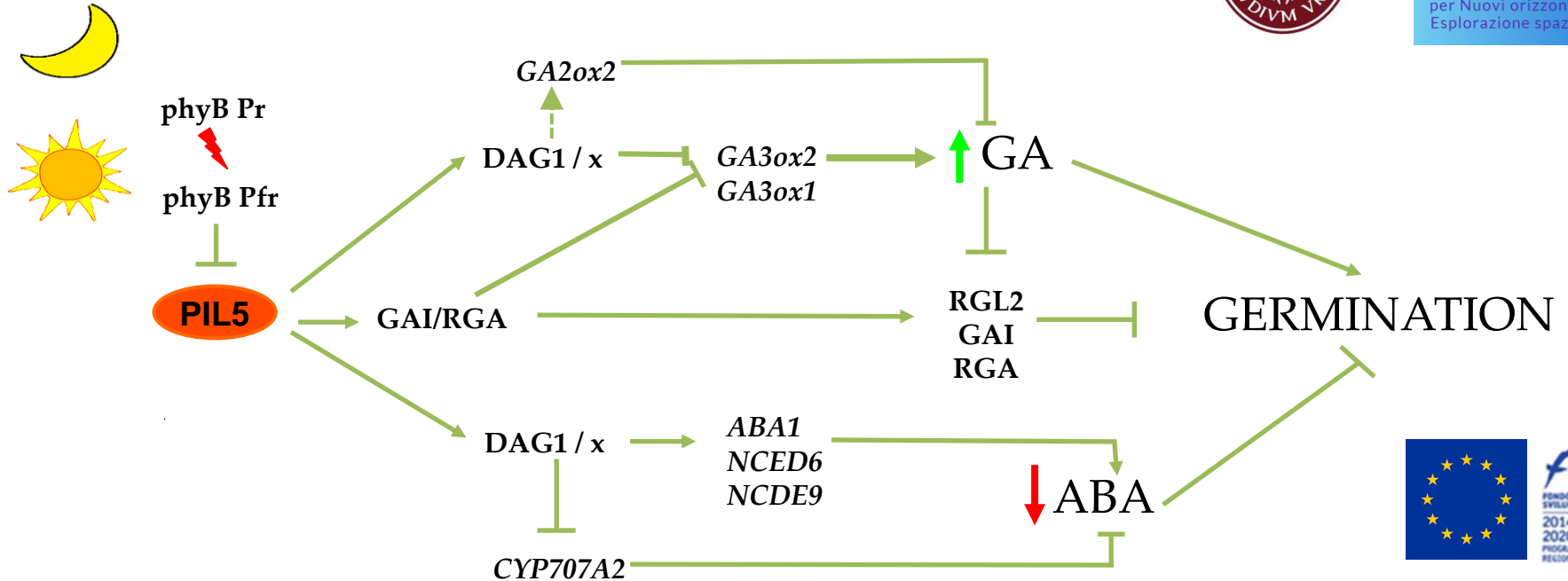
doi:10.18429/JACoW-IPAC2015-TUPWI005



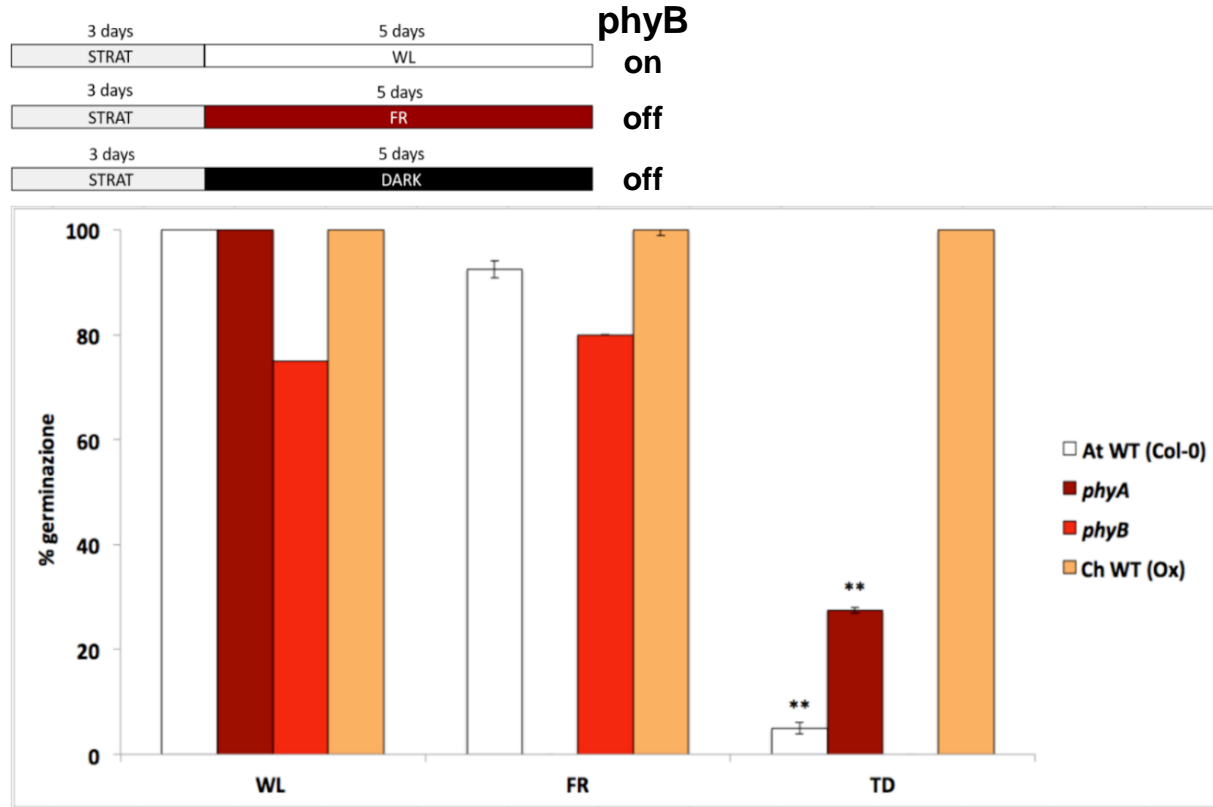
# SEMINE: SEeds for Microgreen production for New Exploration orizons



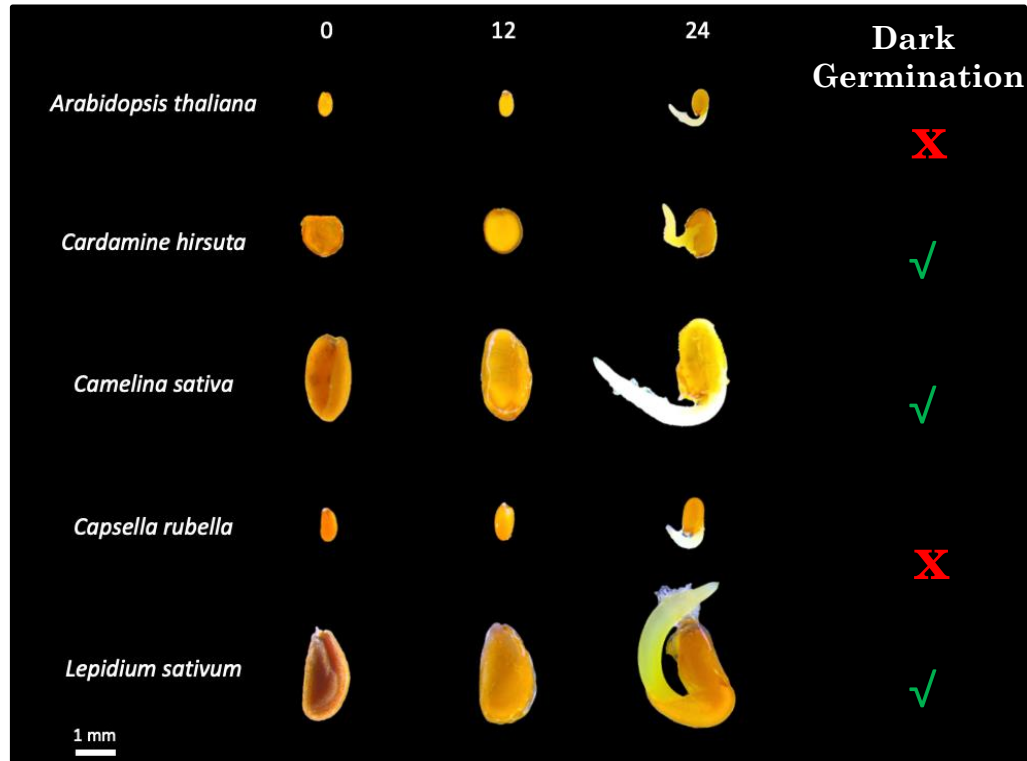
Study the mechanisms of light-independent germination



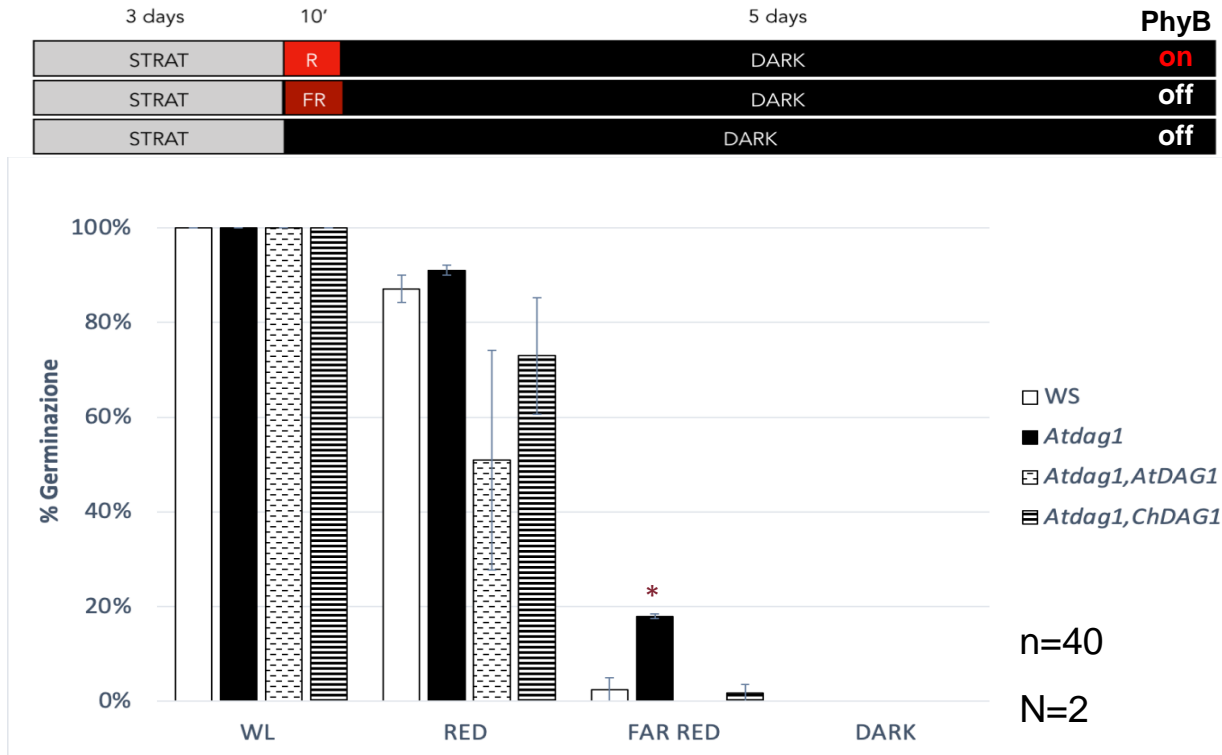
# Cardamine hirsuta displays light-independent germination



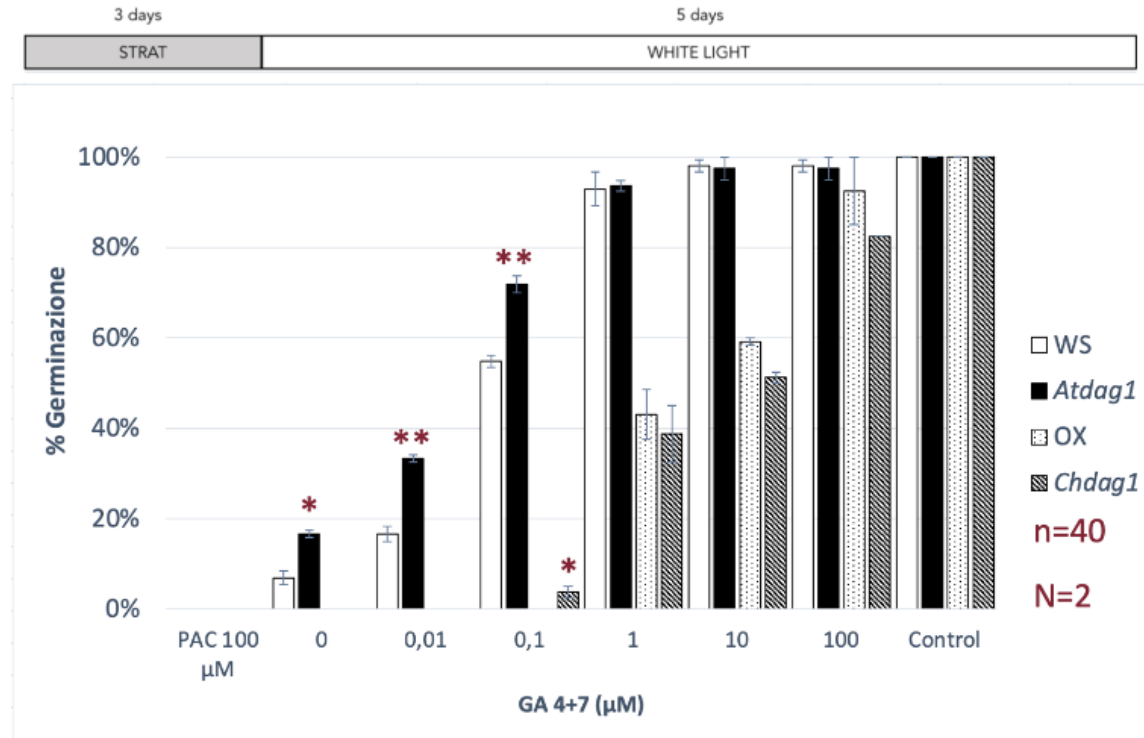
# Germination behaviour in other brassicaceae species



# ChDAG1 fails to confer light-independent germinability to *A. thaliana*



# C. hirsuta displays a lower sensitivity to GA that is DAG1 independent





# MicroX2: Microgreens for Microgravity

Find the better combination of:

- species
- substrate
- light recipe
- watering solution

to deliver the highest amount of VitC  
for cultivation surface



Consiglio Nazionale  
delle Ricerche



TOR VERGATA  
UNIVERSITÀ DEGLI STUDI DI ROMA

# MicroX2: Microgreens for Microgravity

Find the better combination of:

- species ➤ *Raphanus raphanistrum* L. subsp. *Sativus*
- substrate ➤ Coconut fibers
- light recipe ➤ High light
- watering solution ➤ Water

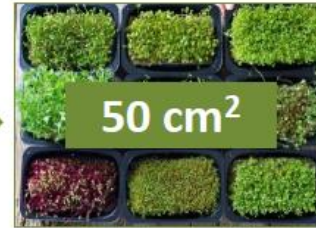
to deliver the highest amount of VitC  
for cultivation surface

# MicroX2: Microgreens for Microgravity

Find the better combination of:

- species
- substrate
- light recipe
- watering solution

to deliver the highest amount of VitC  
for cultivation surface



*The Recommended Dietary Allowance (RDA) of  
vitamin C for an adult men (90 mg)*

Microgreens are ideal for Space flight environments as they can be harvested directly  
by crew members, ensuring freshness and high quality

# MicroX2: Microgreens for Microgravity

Rack



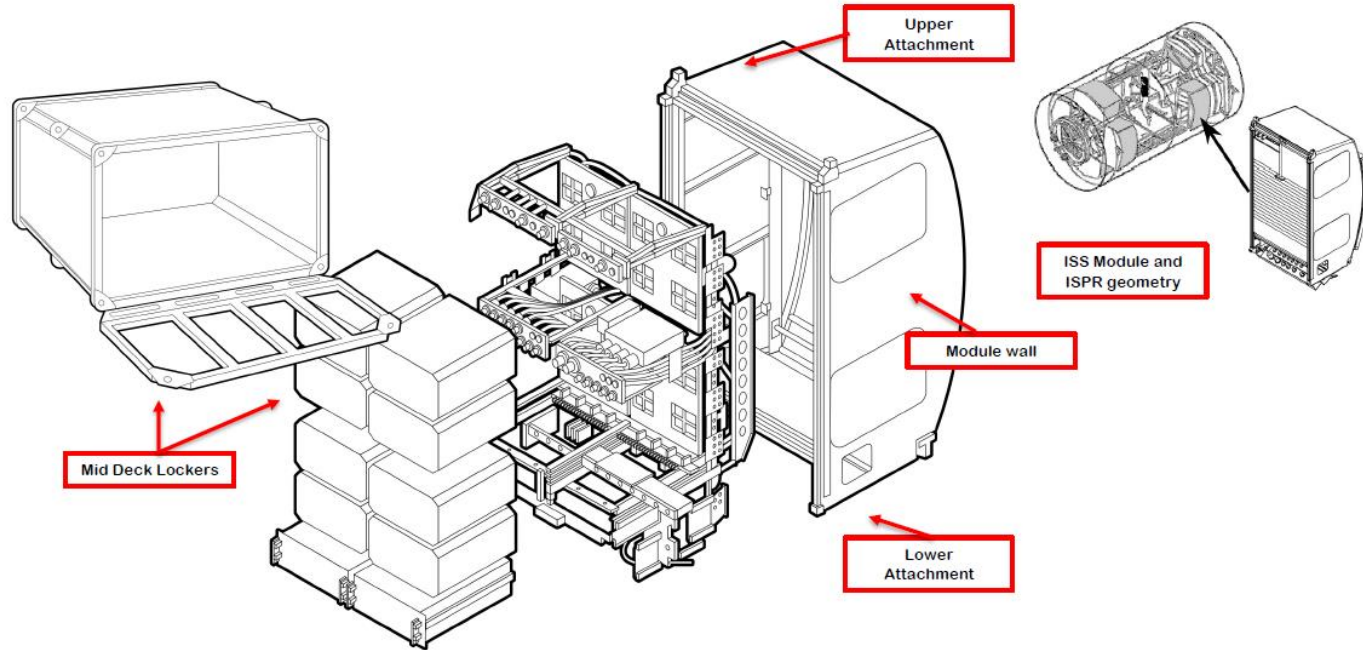
Drawer



Container



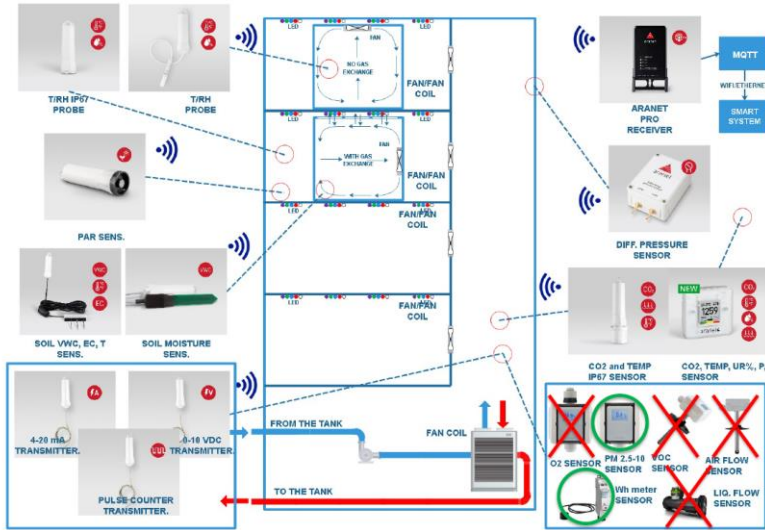
# MicroX2: Microgreens for Microgravity



International Standard Payload Rack (ISPR)



# MicroX2: Microgreens for Microgravity



Smart system for the optimization of microgreen production

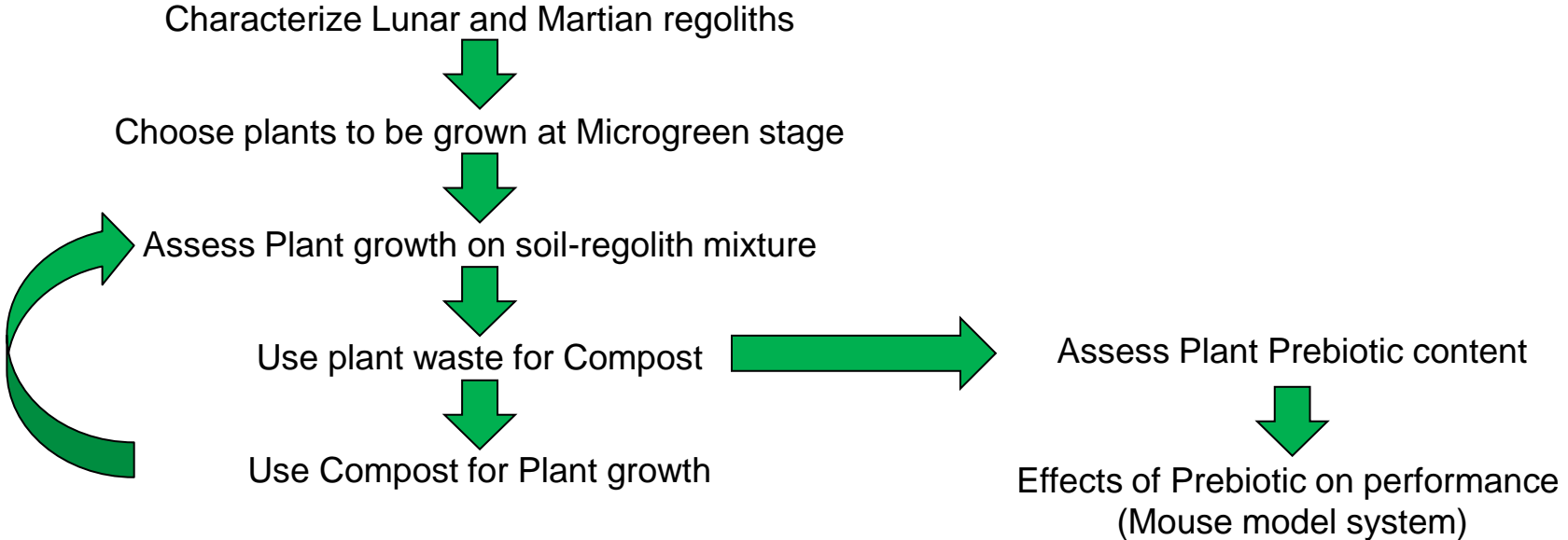
# On-Going Projects – ReBUS



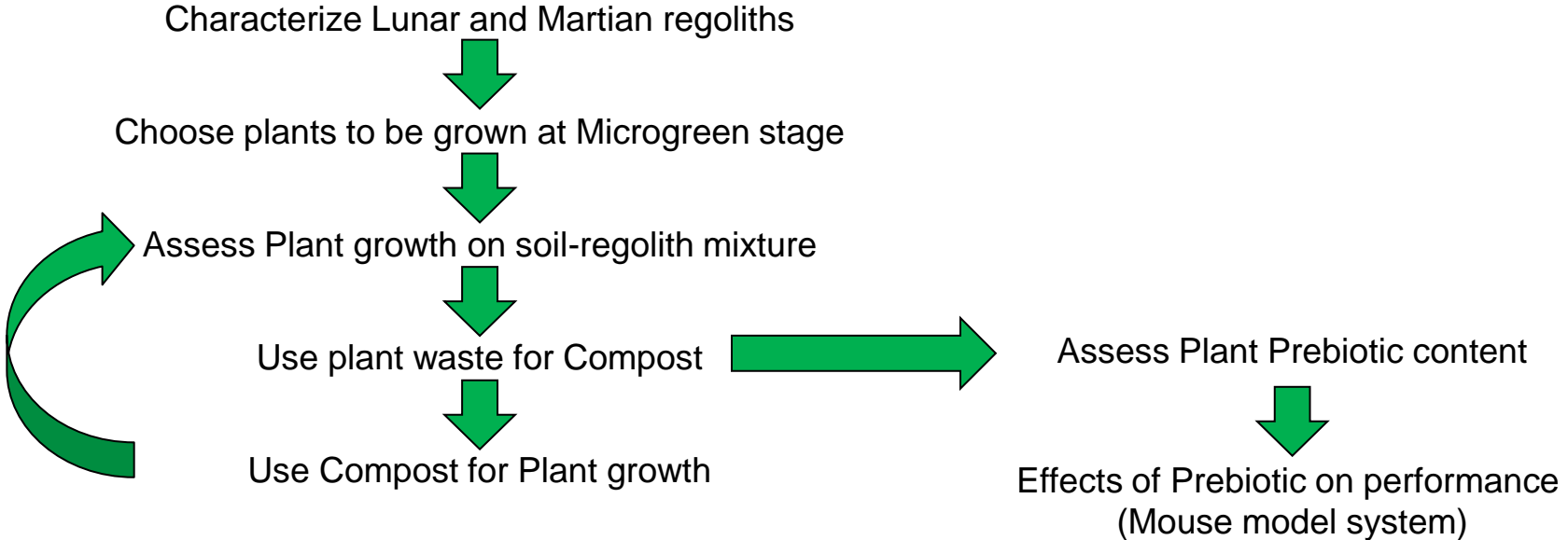
Definition of a Bioregenerative Life Support System in space with the integration of different organisms (higher plants, fungi, bacteria, cyanobacteria, insects)

1. minimizing the use of exogenous resources;
2. maximizing:
  - the use of in situ resources (Lunar and Martian soils, water, gas in atmosphere);
  - the recycling of the organic matter produced in the system itself (crop residues, crew physiological waste).
3. Assess the effects of Prebiotics on psychophysiological performance (mice)

# On-Going Projects – ReBUS



# On-Going Projects – ReBUS



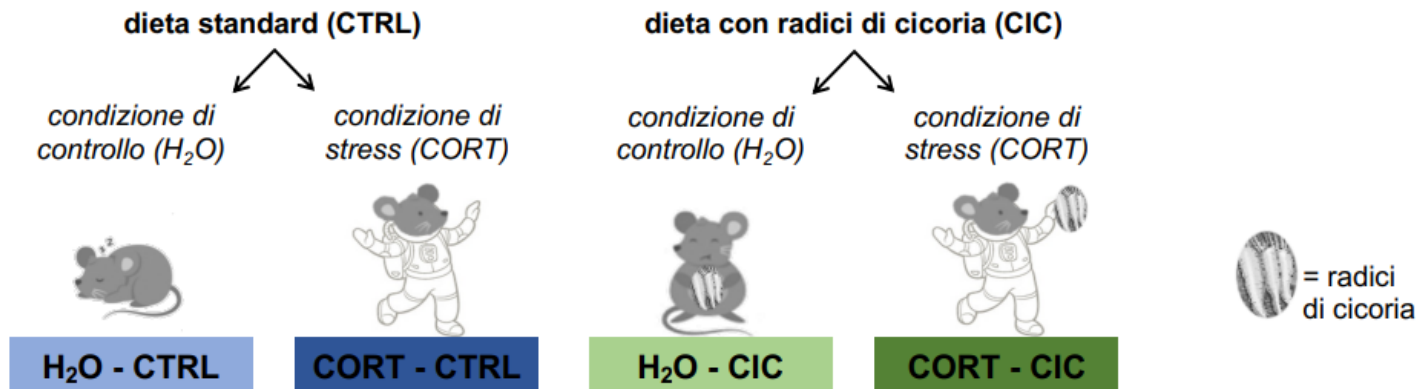
→ Verificare se il consumo di **vegetali ricchi di prebiotici**, coltivabili nei **sistemi bio-rigenerativi di supporto alla vita (BLSS)**, può avere un effetto positivo sul **benessere psicofisico** in termini di performance cognitive, funzioni esecutive, motivazione, socialità e risposte emozionali

# ReBUS Project

→ studi con analogo disegno sperimentale in topi adulti maschi del ceppo C57BL/J6

**STUDIO:** inulina (0,4 g/die) derivante da radici di cicoria

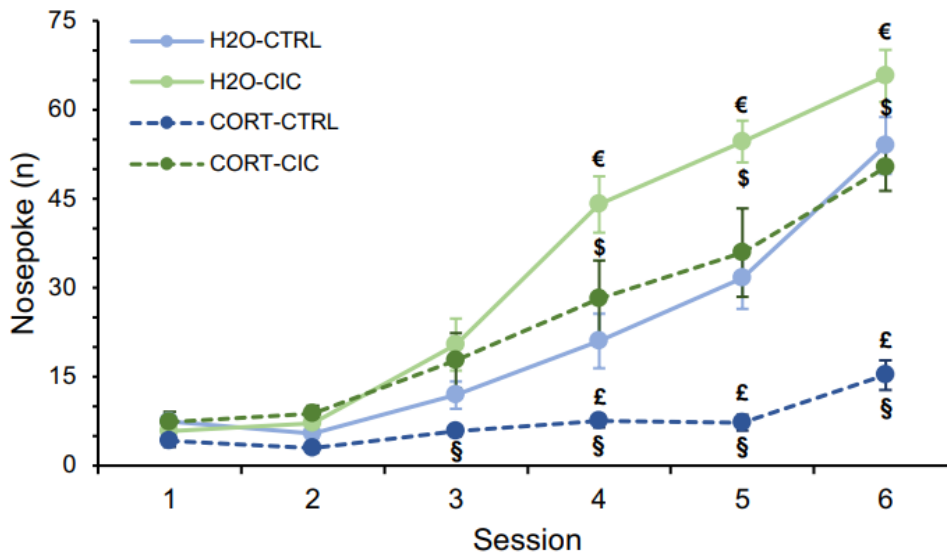
## Gruppi sperimentali



# Test del *fixed ratio*



## Apprendimento di un compito inserire il muso in un foro per ottenere una ricompensa



Numero di giorni necessari per raggiungere il criterio:

H<sub>2</sub>O-CTRL: 4,43 ± 0,29

£ CORT-CTRL: 6,82 ± 0,23

H<sub>2</sub>O-CIC: 3,73 ± 0,21

§ CORT-CIC: 4,42 ± 0,50

£ H<sub>2</sub>O-CTRL vs. CORT-CTRL

€ H<sub>2</sub>O-CTRL vs. H<sub>2</sub>O-CIC

§ H<sub>2</sub>O-CIC vs. CORT-CIC

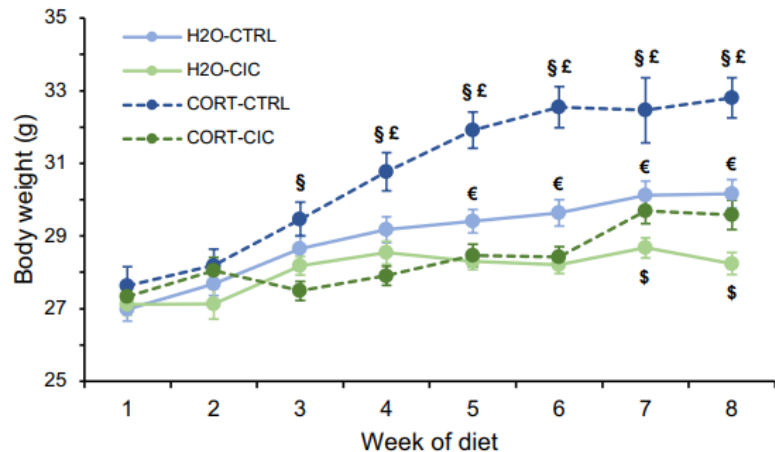
§ CORT-CTRL vs. CORT-CIC



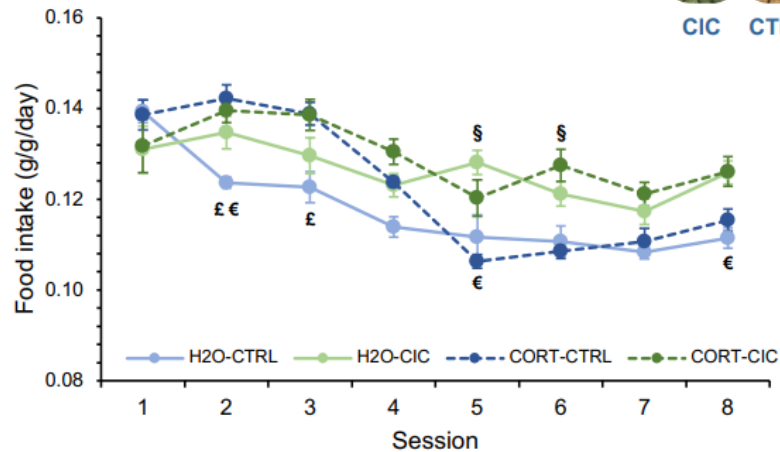
# Parametri fisiologici



## Peso corporeo e consumo di cibo



Peso corporeo

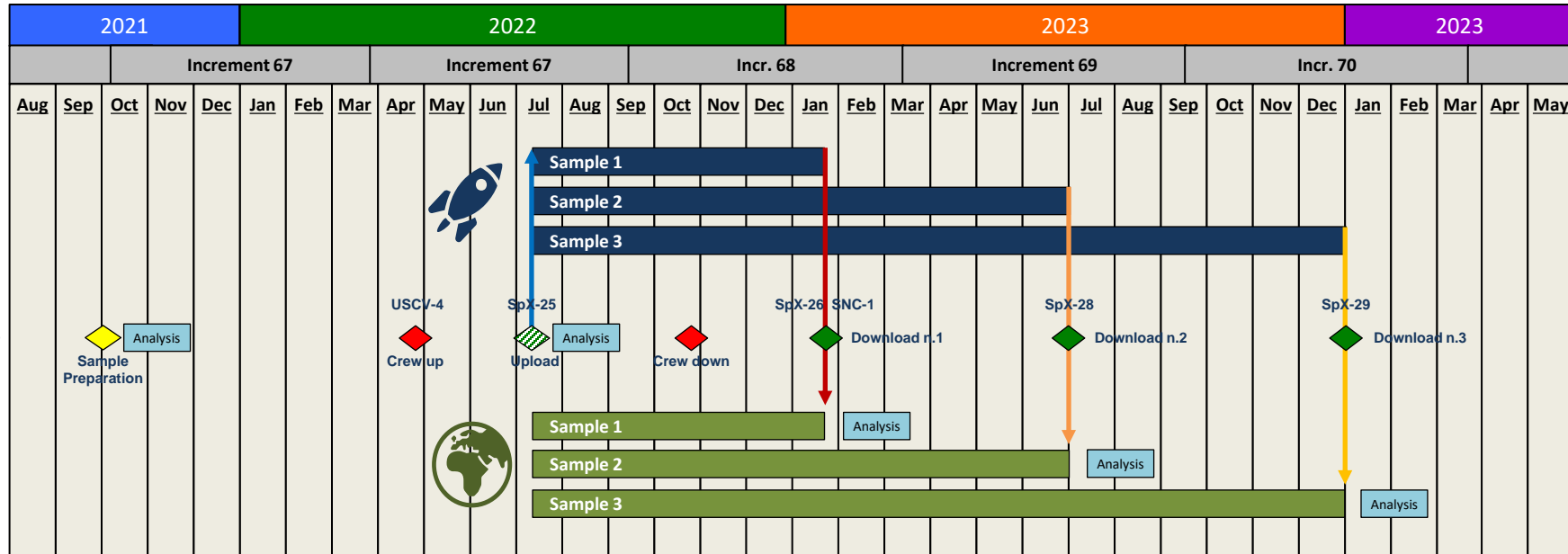


Consumo di cibo

£ H<sub>2</sub>O-CTRL vs. CORT-CTRL    € H<sub>2</sub>O-CTRL vs. H<sub>2</sub>O-CIC  
 \$ H<sub>2</sub>O-CIC vs. CORT-CIC    § CORT-CTRL vs. CORT-CIC



The objective of **EVOO in Space** is to study the impact of exposure to microgravity and radiation conditions aboard the ISS on extra-virgin olive oil physicochemical, sensorial, nutritional and microbiological characteristics.



# EVOOS: First sample return

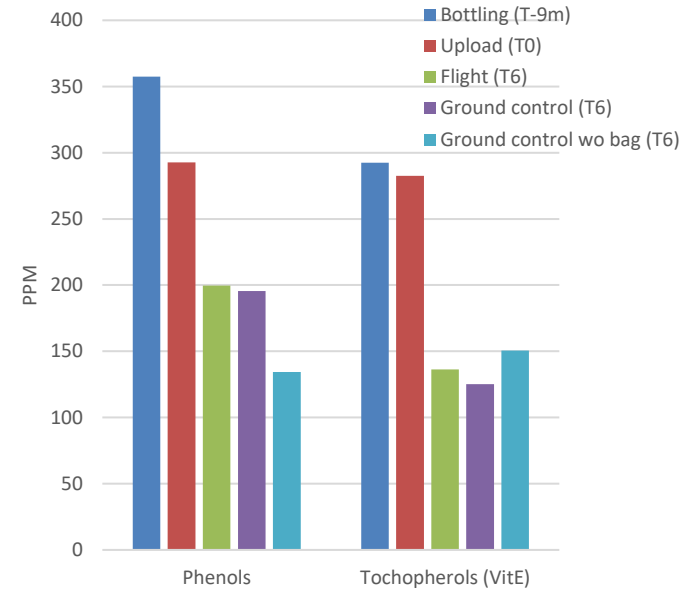


Control  
Glass

Control  
Bottle

Control  
Bottle +  
Vacuum Bag

Flight sample  
Bottle +  
Vacuum Bag



# Moon-rice: COMING SOON!



Select a new variety from CRISPR/CAS library for long-term space missions:

- ultra dwarf
- high productivity
- adapted to growth in controlled environment



PaCMAN-Melissa Laboratory

# Impact on Earth

**SDG Target 2 End hunger, achieve food security and improved nutrition and promote sustainable agriculture.** Use of plants, fungi, cyanobacteria, and microalgae as food sources. New technologies, Concept of 'zero waste' agriculture.

**SDG Target 6 Ensure availability and sustainable management of water and sanitation for all.** Even partial adoption of BLSS concepts on water use for plant cultivation would be of great benefit for many agricultural systems on Earth.

**SDG Target 11 Make cities and human settlements inclusive, safe, resilient and sustainable.** Efficient environmental control, efficient food production in closed systems, resource recycling, plants as a tool to improve psychological wellbeing.

**SDG Target 12 Ensure sustainable consumption and production patterns.** Circularity and efficiency as BLSS concepts.

**SDG Target 15 Protect, restore and promote sustainable use of terrestrial ecosystems, sustainably manage forests, combat desertification, and halt and reverse land degradation and halt biodiversity loss.** Studies aiming at the stimulation of pedogenesis and induction of fertility on Mars surface could provide fundamental tools to counteract desertification.



# Thank you for your attention

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# The 5 Hazards of Space Exploration

1

## Space Radiation

Invisible to the human eye, radiation increases cancer risk, damages the central nervous system, and can alter cognitive function, reduce motor function and prompt behavioral changes.

2

## Isolation and Confinement

Sleep loss, circadian desynchronization, and work overload may lead to performance reductions, adverse health outcomes, and compromised mission objectives.

3

## Distance from Earth

Planning and self-sufficiency are essential keys to a successful mission. Communication delays, the possibility of equipment failures and medical emergencies are some situations the astronauts must be capable of confronting.

4

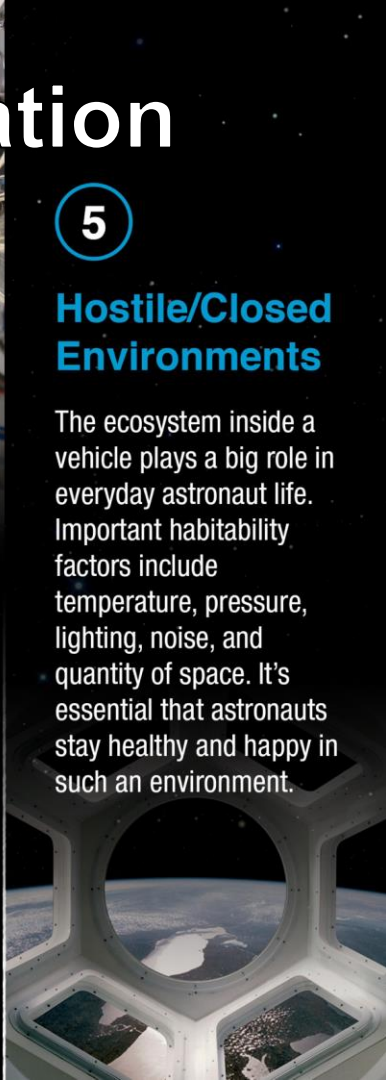
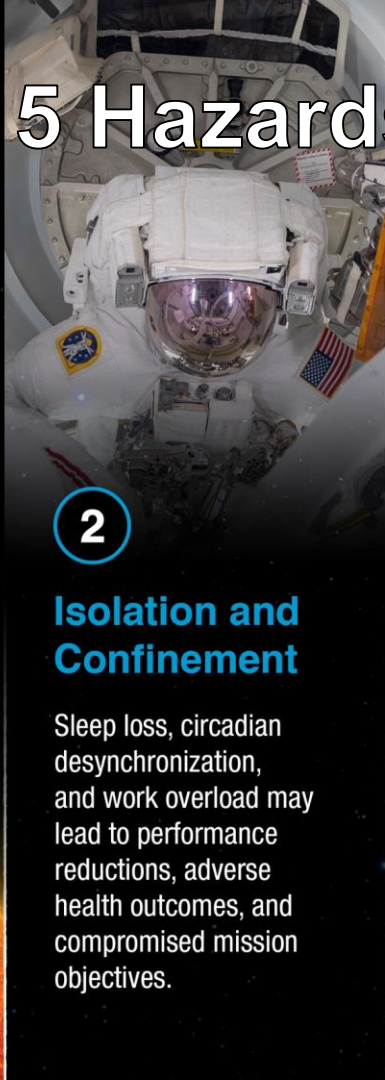
## Gravity (or lack thereof)

Astronauts encounter a variance of gravity during missions. On Mars, astronauts would need to live and work in three-eighths of Earth's gravitational pull for up to two years.

5

## Hostile/Closed Environments

The ecosystem inside a vehicle plays a big role in everyday astronaut life. Important habitability factors include temperature, pressure, lighting, noise, and quantity of space. It's essential that astronauts stay healthy and happy in such an environment.

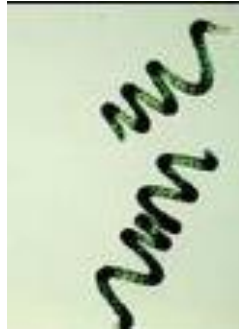


# The Challenges of Life in Space – A Food Perspective

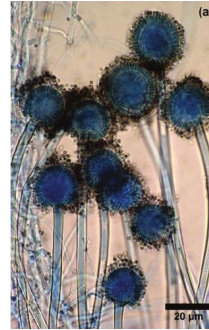
- Nutritional countermeasure
- Effects of Space on growth -> Altered gravity + Radiations
- Space constrains (miniaturization) -> Closed Environment
- Safety (microbial contamination) -> Closed Environment
- Shelf life -> Radiation, altered gravity, distance from Earth
- Enabling Technologies
- Energy constrains (Close system/BLSS) -> Closed Environment



Higher plants



Microalgae



Fungi



Insects